



Balance Program

Frequently Asked Questions

What are the hours of the Balance Program?

7:30-5:30. The majority of our planned activities will take place between 8:00am and 3:00pm. There will be a pick up between 3:00pm-3:20pm. If you choose to keep your student with us after 3:20 they will participate in small group activities, independent reading and/or quiet games until picked up or 5:30. Please keep in mind any pick up after 5:30 will result in \$1 per minute charge.

How old must my child be to participate in the Balance Program?

The Balance Program is based on grade. Students entering K through 10th grade will find daily activities and rotations geared to their grade. We require all students to be potty trained and able to use the restroom independently. If your student is in Pre-K check out our Learning Center.

What kind of activities will my child participate in?

Virtual learning time (provided by the school your student is enrolled in), various gymnastics circuits, dance, Ninja Zone, trampoline, crafts, group activities, yoga, independent reading time and more.

What should my child bring and wear to a Balance day?

Face masks will be worn during all non-physical activity. For the optimal experience we suggest comfortable clothing that is easy to move around in. Each student will need a cold packed lunch and 2 snacks or a prepaid café account can be created for your student. Café credit is nonrefundable. Soda, Candy and Ice-cream are available after your student has been signed out. Example: Cold Lunch \$7.00 & Snacks \$1.00-\$2.00.

How do I notify you that my student has allergies or special dietary needs?

Please indicate any special accommodations on the ADHS Information Card. In the event an Epi Pen is needed our front desk will securely store your medication for the day. All of our staff is CPR/First Aid Certified.

How do you determine the group my child is placed in?

We place all of the Balance Program students in groups based on their like grades. Our groups are based on a safe instructor to child ratio.

When can I register?

Registrations must be completed at least 1 week prior to the start of a new month. Tuition is paid in full at the time of registration. Monthly tuition is non-refundable and not prorated. If you need to miss, please call us so we can record your attendance. Withdrawals need to be completed in writing 30 days prior to the start of a new month.

How do I Drop Off and Pick Up my child for the Balance Program each day?

Curbside Drop Off and Pick Up is encouraged. Curbside Drop Off runs from 7:30-8:00A and is located at our courtyard gate, just East of our main entrance. Curbside Pick Up runs from 3:00-3:20P and is located at the South side door off Tierra Buena Lane. Any time outside of these designated curbside times, parents must proceed to the front desk to sign in/out their child. Please be prepared to show ID at Pick Up. Only authorized persons may pick up.

Please direct your questions or comments to
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