

Arizona Sunrays

FAQ for Arizona Sunrays Virtual Classes

Who do we record? We record our host instructor only, not the athletes.

Why do we record? We record only the host instructor for two main reasons, the safety of our instructor Use for future on-demand content.

Why do we require you to have your video and an active child participant? We require your camera to be on and an active child participating for the safety of our athletes and our instructors! If we see a box with no video or child present, we will ask that you show your video- if there is no response, we will remove you from our class! The safety of our participants and instructors is our top priority.

What classes should my child attend? Your athlete can participate in any and all gymnastics, dance and ninja classes that they would like! They are labeled beginner, intermediate and advanced, however we encourage you to try them all!

How many classes can I attend? Your athlete can participate in any and all gymnastics, dance and ninja classes that they would like! You can attend all 35 throughout the week!

Where is our regular coach? Like so many small businesses, we are unable to sustain our part time staff. We have been able to maintain our full-time employees and are excited to have key instructors sharing their talents and experience with you! If you'd like a personal recommendation, we'd be happy to make suggestions. Keep an eye out because you may see your instructor making a special guest appearance. We hope to have our full Sunrays staff back in the fold as soon as possible!

The class was too easy/hard...now what? Stay tuned! We are always working to enhance and evolve our class schedule. The content is progressive, as you tune in, you'll find how the classes flow through progressions! Your feedback helps us in this endeavor!

What if I miss a class or have technical difficulties? No worries! You can catch any of the next ones!

What should my athlete wear to class? The same leotards, ninja shirts or dance outfits they'd usually wear for class on site. If none of those items are available, any tight fitting athletic attire that does not restrict movements.

What do we do with the codeword? Collect them all and email them to taryn@arizonasunrays.com at the end of the month!

How does my enrollment work? It's so easy! It goes month to month- since you are on auto pay, you will be charged at the beginning of each month.

Are the classes going to be the same each week? We are working to build out a schedule that is consistent and predictable. Right now, we are structuring our classes around customer feedback and class attendance.